



# Listening Skills

It is important for you to be a good listener in class; just hearing what teachers say is not the same as listening to what they say. Listening is a cognitive act that requires you to pay attention, think and mentally process what you hear. Here are some things you should do to become a good listener in class.

## Be Cognitively Ready to Listen

- Think about what you know about the topic that will be covered in class that day.

## Be Emotionally Ready to Listen

- Make a conscious choice to find the topic useful and interesting

## Listen with a Purpose

- Identify what you expect and hope to learn from the class session. Listen for these things as your teacher talks.

## Listen with an Open Mind

- Be receptive to what your teacher says.

## Be Attentive

- Focus on what your teacher is saying.

## Be An Active Listener

- Taking notes requires you to make decisions about what to write, and you have to be an active listener to do this.

## Meet the Challenge

- Don't give up and stop listening when you find the information being presented difficult to understand.

## Triumph over the Environment

- The classroom may be too noisy, too hot, too cold, too bright, or too dark. Don't give in to these inconveniences.