

eMed[®]

Weight Loss Programme Employee Benefit

Make a life changing difference to your Employee's Health & Wellbeing



Overweight and obesity in the workplace

A growing issue



- Obesity is a risk factor for a range of chronic health condition including MSK, Diabetes, Cardiovascular Diseases (CVD) and Cancer
- Overweight/Obese Employees are more likely to report Mental Health disorders (+66%)²



Impacting workplace absenteeism and presenteeism

- Overweight/Obese employees typically take an extra 4 days sick leave every year³
- In the workplace obese employees often have to contend with stigma, prejudice, discrimination and bullying, which will impact on their performance⁴
- For an organisation employing 1,000 people, lost productivity caused by obesity could cost more than £126,000 a year⁴

¹ https://www.gov.uk/government/statistics/obesity-profile-update-may-2023

² IPSOS Research

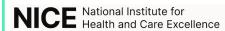
³ Oxford Academy / CHAP Study



GLP-1 medications effectiveness is now proven and recommended

GLP-1 medications are effective

- 22% average weight loss for participants dosed correctly¹
- 20% lower risk of heart attack, stroke, or death due to cardiovascular disease²



Recommends the use of GLP-1 semaglutide for managing overweight and obesity³



Since 2023 GLP-1 medication as been offered as part of Tier 3 Weight Management services (BMI >35)⁴



Medicines & Healthcare products Regulatory Agency

MHRA approves GLP –1 (Wegovy) to reduce risk of serious heart problems (CVD)⁵





Food and nutrition experts (BDA, BNF) welcome the prescribed use of GLP-1 for people living with obesity and/ or type 2 diabetes⁶

1 Figure based on findings from The New England Journal of Medicine. Published June 4, 2022. Weight loss is achieved when combined with lifestyle changes

3 NICE

^{2 &}lt;u>Study - University College of London</u>

^{4 &}lt;u>Department of Health & Social care</u>



eMed has developed a Weight Loss Programme

Employee Benefit enhancing Affordability, Access and Adherence

Weight management programs challenges



Access to publicly funded (NHS)

Weight management services is (will be) **limited (<20%)**, leaving eligible patient to get access through other channels (employer, health insurer, out-of-pocket)



Optimal outcomes require holistic Patient support

Through live healthcare technicians, clinicians, side effects management and lifestyle (nutrition, exercise) guidance



Risk of waste

(qualified participants do not take their medications properly), Fraud (unqualified participants gain access to medications) and Abuse (qualified participants sell or give away their GLP-1 medications)



eMed®

A doctor-led weight loss solution

Our clinically-proven **Weight Loss Programme** is a safe and supported service you can access anytime, anywhere.

- o Effective weight loss medication
- o Easy-to-use GLP-1 weight loss injection pens
- Weekly health check-ins with eMed weight loss specialists
- o Access to clinical experts and GP appointments
- o Side effect management backed by video GP appointments



eMed Weight Management offer for your employees



Free introductory webinar

- Group Weight Management
 Online Webingr
- FREE for your whole workforce
- 1hr webinar
- Agenda covering: Weight management understanding, Nutrition, Physical activity, GLP-1 medications, Behavioural strategies for success

2

Free eligibility checking

- Individual Employee online eligibility checking
- FREE for your whole workforce
- BMI assessment based on height and weight



10% discount

Tailored programme including

- Clinician prescribed GLP-1 weight loss medication, at-home delivered
- Weekly check-ins with eMed
 Weight management specialist
- 24/7 ongoing support
- Side effect management backed by video GP appointments



eMed weight loss programme outperform the market



PROGRAM PERFORMANCE

Average weight loss for participants dosed correctly



MEDICATION ADHERENCE

Increase in adherence via check ins and weekly text reminders



WEEKLY CHECK-INS

11x More likely to lose >5% of weight in 6 months with consistent self-reporting



SIDE EFFECT SUPPORT

Decrease in medication discontinuation from unmanaged side effects



eMed Weight Loss programme drives employee satisfaction





I've lost more than 3 stones so far...

I've had a good experience with the weight loss programme from eMed. The results are truly remarkable and visible! I've lost more than 3 stones so far.. The support is very helpful and the medications are sent at home. Highly recommended!

James





eMed transformed my life!

The eMed weight management programme has supported me in controlling my snacking & reducing my meal sizes. I'm finally starting to understand portion control and adjust to smaller portion sizes, which I've previously not managed to do.

Puja





A life-changing decision

Losing weight was always really difficult for me because I have a thyroid condition. I'd actually stopped trying weight loss solutions a while ago as nothing seemed to work. Then I started the eMed Weight Management Programme and lost 15kg really quickly!

Calinda



eMed Weight Management programmeCompared to other programmes

	eMed	Other programmes
Clinically proven weight loss medication	~	/
Health tracking and accountability	✓	~
Holistic treatment plans tailored to your unique needs	✓	\
Side effect support from healthcare technician	✓	X
10 week education pack	✓	X
On-demand healthcare technician check-ins	~	×